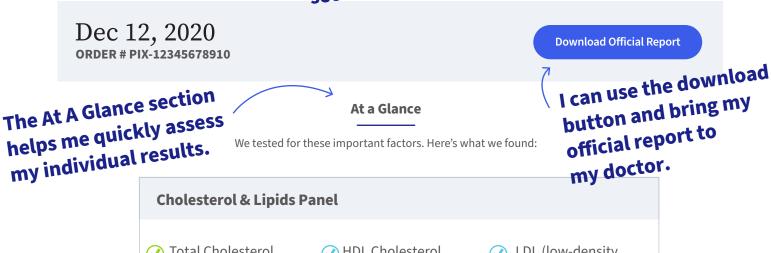


Here are my Labcorp OnDemand results in my secure online dashboard.



Total Cholesterol LDL (low-density) lipoprotein) Cholesterol Triglycerides VLDL Cholesterol **Vitamin D** There are 3 possible icons in ⋀ Vitamin D

I can drill down into my values and get a refresher on what the tests mean.

Labcorp OnDemand

= I should discuss with my doctor ✓ = All good!

= Something needs my immediate attention

Cholesterol & Lipids Panel

Measures the fatty substances used in the body as energy that contribute to heart health (cholesterol and triglycerides) to assess the risk of heart disease.

There are ranges and color schemes for

each test

Total Cholesterol

A measure of the total sum of cholesterol (LDL, HDL, and VLDL) in the body. Your body needs fat (cholesterol) to function, but too many bad fats, like LDL (low-density lipoprotein), can increase your risk for heart disease and stroke, among other conditions. Meanwhile, good fats, like HDL (high-density lipoprotein), can help remove bad fats from your body and reduce your risk for heart disease.



Triglycerides

Measures the number of triglycerides in the blood, a type of fat that circulates in your blood and comes from adipose, the primary fat stored from food used to supply your energy. High triglyceride levels can increase the risk of heart disease and may be a sign of metabolic syndrome, a genetic abnormality, or other condition.



Because of my good cholesterol levels, I'm at a reduced risk of stroke!:)

HDL Cholesterol

Measures the amount of HDL in the blood, known as "good" cholesterol because it comes from particles that remove "bad" cholesterol from the body, which reduces the risk of heart disease and stroke. The higher HDL value, the better!

Increased Risk Normal Reduced Risk 40-60 ma/dL ≤ 39 ma/dL ≥ 61 mg/dL

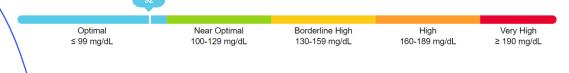
VLDL Cholesterol

Measures the amount of VLDL in blood, the cholesterol from particles that carry triglycerides in the body that are then converted to LDL. High levels of VLDL are associated with a higher risk of cardiovascular disease as well as other conditions.



LDL (low-density lipoprotein) Cholesterol

Measures the amount of LDL in the blood, known as the "bad" cholesterol because LDL particles can build up in the walls of your arteries, which increases the risk of heart attack and stroke, among other conditions.



annual checkup, I shared this with my

My Vitamin D is a bit low. At my

provider. She

recommended getting more sunlight and retesting in

Vitamin D

A nutrient you eat as well as a hormone that is produced in your skin in response to sunlight; it is essential to bone and mineral health. 25-hydroxyvitamin D (25-D) is the best measure of how much vitamin D is stored in your body. A prolonged deficiency in Vitamin D can pose health risks.